



# By Clarissa Pinkola Estes: Women Who Run with the Wolves: Myths and Stories of the Wild Woman Archetype

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## By Clarissa Pinkola Estes: Women Who Run with the Wolves: Myths and Stories of the Wild Woman Archetype By -Ballantine Books-

Within every woman there is a wild and natural creature, a powerful force, filled with good instincts, passionate creativity, and ageless knowing. Her name is Wild Woman, but she is an endangered species. Though the gifts of wildish nature come to us at birth, society's attempt to "civilize" us into rigid roles has plundered this treasure, and muffled the deep, life-giving messages of our own souls. Without Wild Woman, we become over-domesticated, fearful, uncreative, trapped. Clarissa Pinkola Estes, Ph.D., Jungian analyst and cantadora storyteller, shows how woman's vitality can be restored through what she calls "psychic archeological digs" into the ruins of the female unconscious. In Women Who Run with the Wolves, Dr. Estes uses multicultural myths, fairy tales, folk tales, and stories chosen from over twenty years of research that help women reconnect with the healthy, instinctual, visionary attributes of the Wild Woman archetype. Dr. Estes collects the bones of many stories, looking for the archetypal motifs that set a woman's inner life into motion. In Women Who Run with the Wolves, Dr. Estes has created a lexicon for describing the female psyche. Fertile and life-giving, it's a psychology of women in the truest sense, a knowing of the soul.

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