



# Take Me To Truth: Undoing the Ego

*By Nouk Sanchez, Tomas Vieira*

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**Take Me To Truth: Undoing the Ego** By Nouk Sanchez, Tomas Vieira

Take Me to Truth is the first book to boldly address the fundamental problem that all spiritual seekers face on the journey to awakening; the ego. Take Me to Truth is a powerful six-stage navigational guide that takes us through the six remarkable stages of undoing ego. Each of these stages becomes an experience of deepening trust, eventually removing all existing blocks to the awareness of the Infinite Love that we are and have. It bridges the yawning gap that exists between seeking enlightenment and finding it.

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## **Editorial Review**

### **Review**

"This book is wonderful. Take Me to Truth manages to be A Course in Miracles book in content, without being primarily a Course book in form, and that's high praise indeed! The authors have a wonderful ability to express profound Spiritual teachings providing a simple guide to undoing the only block to consistent happiness, peace and love that exists, the ego. They describe the challenge we all face; the uninvestigated 'me' is the ego, the one that's plagued by intermittent fears, relationship break-ups, financial difficulties and ill-health. It's a false-self, and one whose life mantra is seek and do not find. Practical self-discovery tools such as the Guilt Meter and the PIQ formula help to clearly identify the ego's thought system and provide a hands-on means to implement the undoing process on a day-to-day basis. In conclusion, this is a truly inspired work, and an inspiring read." -- *Rogier F. van Vlissingen, author of 'Closing the Circle', O-Books, July 2007.*

### **About the Author**

Nouk Sanchez and Tomas Vieira live in Queensland, Australia, and run seminars internationally.

## **Users Review**

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#### **Irene Howe:**

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**Lawrence Pomerleau:**

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