



Family Therapy: An Overview

By Herbert Goldenberg, Irene Goldenberg

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This current, engaging, and practice-oriented text is your complete resource for mastering the many facets of family therapy. In this Seventh Edition of their respected text, Irene and Herbert Goldenberg examine and explain traditional and evolving viewpoints, perspectives, values, intervention techniques, and goals of family therapy. The authors provide practice-oriented content that will help you become an empathic and effective family therapist. The new edition includes the latest references and contemporary thinking on central issues such as family resiliency, alternative forms of family life today, gender, culture, and ethnic considerations. This edition also contains the American Association for Marriage and Family Therapy Code of Ethics—a great reference that will help you understand the importance of ethical practices.

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Editorial Review

Review

"The chapters on the schools of family therapy are very effective: clear, well-organized, up-to-date, and accompanied by helpful examples and tables."

"I use the Goldenberg [and] Goldenberg text because of its clear review and overview of some of the major models of Family Therapy. My students and I generally find the discussion of concepts clear and informative."

"The Goldenbergs do a wonderful job in creating a balanced presentation of family therapy approaches. I was initially introduced to the works of the Goldenbergs in my own graduate studies many years ago. It provided me with a wonderful introduction to family therapy approaches as a beginning clinician. Now that I am a "seasoned" family therapist and a full time professor, I want my students to learn from the best!"

"I have closely reviewed this textbook and love it. It is clearly written and is perfect for our first year graduate students."

Key strengths include: "a more comprehensive section on narrative therapy, cultural diversity was incorporated well, online/internet component, and enrichment workbook."

About the Author

Herbert Goldenberg was Professor Emeritus of Psychology at California State University, Los Angeles, where he developed and taught classes in family therapy. Together with Irene Goldenberg he was awarded the 2007 American Family Therapy Academy lifetime achievement award for family therapy. He also held membership in the American Association for Marriage and Family Therapy, the American Family Therapy Academy, and the Family Therapy division of the American Psychological Association. He was also elected fellow in that APA division. The Goldenbergs co-authored another book published by Brooks/Cole, COUNSELING TODAY'S FAMILIES, Fourth Edition.

Irene Goldenberg is Professor Emeritus of Psychology in the Department of Psychiatry at the UCLA Neuropsychiatric Institute. She served as Associate Chairperson of that department and as Director of Psychological Services for many years, and continues to teach marriage and family therapy courses to psychologists, psychiatrists, and social workers there. She currently supervises doctoral students and directs the family therapy program at the VA Greater Los Angeles Healthcare System. Together with Herbert, Irene Goldenberg has been awarded the 2007 American Family Therapy Academy lifetime achievement award for family therapy. She also holds membership in the American Association for Marriage and Family Therapy, the American Family Therapy Academy, and the Family Therapy division of the American Psychological Association. She has been elected fellow in that APA division. The Goldenbergs are co-authors of another book published by Brooks/Cole, COUNSELING TODAY'S FAMILIES, Fourth Edition.

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