



Dear Father: Breaking the Cycle of Pain

By J. Ivy

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Hip-hop's favorite poet and Grammy Award-winning artist J. Ivy bares his soul in this inspirational memoir of pain transformed into healing and empowerment.

J. Ivy is a true pioneer and trendsetter who's bridged the worlds of hip-hop and poetry through his appearances on HBO's *Def Poetry* and his collaborations with Kanye West and Jay-Z. But throughout his success, he carried with him the pain of being abandoned by his father and growing up in the tough neighborhoods of Chicago's South Side.

So he sat down with pen and paper and processed his pain the only way he knew how—through poetry. The resulting poem, *Dear Father*, became his vehicle of forgiveness and healing. It is a pivotal poem that has touched and inspired the lives of millions.

Fused with his signature raw lyricism and street consciousness, J. Ivy's memoir shows what it takes to deal with your emotions before your emotions deal with you. His story is personal yet universal, and will inspire others to channel whatever pain they have experienced into their own powerful gift of expression.

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As people who live in typically the modest era should be revise about what going on or data even knowledge to make all of them keep up with the era that is always change and move forward. Some of you maybe may update themselves by reading through books. It is a good choice in your case but the problems coming to you is you don't know which one you should start with. This Dear Father: Breaking the Cycle of Pain is our recommendation to help you keep up with the world. Why, since this book serves what you want and want in this era.

Millicent Doty:

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Melinda Brown:

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Linda Barefoot:

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