



Diet for a Small Planet: The Book That Started a Revolution in the Way Americans Eat

By Frances Moore Lappe

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With the new emphasis on environmentalism in the 1990's, Lappe stresses how her philosophy remains valid, and how food remains the central issue through which to understand world politics.

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With the new emphasis on environmentalism in the 1990's, Lappe stresses how her philosophy remains valid, and how food remains the central issue through which to understand world politics.

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