



## Trick or Treatment: The Undeniable Facts about Alternative Medicine

By Edzard Ernst, Simon Singh

Download now

Read Online ➔

**Trick or Treatment: The Undeniable Facts about Alternative Medicine** By Edzard Ernst, Simon Singh

**“For anyone who has ever wondered about the scientific evidence for the effectiveness of . . . alternative therapies.”?Susan Okie, *Washington Post***

Whether you are an ardent believer in alternative medicine, a skeptic, or are simply baffled by the range of services and opinions, this groundbreaking analysis lays to rest doubts and contradictions with authority, integrity, and clarity. Over thirty of the most popular treatments—including acupuncture, homeopathy, aromatherapy, reflexology, chiropractic, and herbal medicines—are examined for their benefits and potential dangers. What works and what doesn't? Who can you trust, and who is ripping you off? In its scrutiny of alternative and complementary cures, this book also strives to reassert the primacy of the scientific method as a means for determining public health practice and policy. 16 illustrations

 [Download Trick or Treatment: The Undeniable Facts about Alt ...pdf](#)

 [Read Online Trick or Treatment: The Undeniable Facts about A ...pdf](#)

# Trick or Treatment: The Undeniable Facts about Alternative Medicine

*By Edzard Ernst, Simon Singh*

**Trick or Treatment: The Undeniable Facts about Alternative Medicine** By Edzard Ernst, Simon Singh

**“For anyone who has ever wondered about the scientific evidence for the effectiveness of . . . alternative therapies.”?Susan Okie, *Washington Post***

Whether you are an ardent believer in alternative medicine, a skeptic, or are simply baffled by the range of services and opinions, this groundbreaking analysis lays to rest doubts and contradictions with authority, integrity, and clarity. Over thirty of the most popular treatments—including acupuncture, homeopathy, aromatherapy, reflexology, chiropractic, and herbal medicines—are examined for their benefits and potential dangers. What works and what doesn't? Who can you trust, and who is ripping you off? In its scrutiny of alternative and complementary cures, this book also strives to reassert the primacy of the scientific method as a means for determining public health practice and policy. 16 illustrations

**Trick or Treatment: The Undeniable Facts about Alternative Medicine** By Edzard Ernst, Simon Singh  
**Bibliography**

- Sales Rank: #579949 in Books
- Brand: Singh, Simon
- Published on: 2009-10-19
- Original language: English
- Number of items: 1
- Dimensions: 8.30" h x 1.00" w x 5.60" l, .61 pounds
- Binding: Paperback
- 352 pages

 [Download Trick or Treatment: The Undeniable Facts about Alt ...pdf](#)

 [Read Online Trick or Treatment: The Undeniable Facts about A ...pdf](#)

## Download and Read Free Online Trick or Treatment: The Undeniable Facts about Alternative Medicine By Edzard Ernst, Simon Singh

---

### Editorial Review

From Publishers Weekly

Noted science writer Singh and British professor of complementary medicine Ernst offer a reasoned examination of the research on acupuncture, homeopathy, chiropractic, herbal medicine and other alternative treatments. Singh (*Fermat's Last Theorem*) and Ernst work hard to be objective, but their conclusion is that these therapies are largely worthless. As they examine the research on various alternative therapies, the authors explore the principles of evidence-based medicine on which their conclusions are based, including clinical trials and the placebo effect; they also explore related ethical issues. The authors report that many patients will improve with any alternative remedy—but no more than those given a placebo. Exceptions exist; some herbal remedies (e.g., St. John's wort, echinacea) can be helpful though not always advisable, and chiropractors can relieve low back pain under certain circumstances. This is a stimulating and informative account that will be indispensable to anyone considering an alternative treatment, though it may not dissuade true believers. 16 illus. (Aug.)

Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

#### Review

“Entertaining as well as informative. . . . The examination of evidence is comprehensive, forensic, and for champions of these therapies, damning.” (Toby Murcott - *Nature*)

“Physicians should recommend the book to their patients, and it will help health practitioners provide patients with sound advice.” (*New England Journal of Medicine*)

#### About the Author

Edzard Ernst, based at the University of Exeter, is the UK's first professor of complementary medicine.

Best-selling author and science journalist Simon Singh lives in London. His books include *Fermat's Last Theorem*, *The Code Book*, and *Big Bang*.

### Users Review

#### From reader reviews:

##### Charles Lee:

What do you ponder on book? It is just for students since they're still students or this for all people in the world, what the best subject for that? Only you can be answered for that problem above. Every person has several personality and hobby for every other. Don't to be obligated someone or something that they don't need do that. You must know how great in addition to important the book *Trick or Treatment: The Undeniable Facts about Alternative Medicine*. All type of book is it possible to see on many sources. You can look for the internet methods or other social media.

##### Carrie Correll:

Do you certainly one of people who can't read pleasurable if the sentence chained within the straightway,

hold on guys this kind of aren't like that. This Trick or Treatment: The Undeniable Facts about Alternative Medicine book is readable by simply you who hate those perfect word style. You will find the details here are arrange for enjoyable looking at experience without leaving also decrease the knowledge that want to deliver to you. The writer regarding Trick or Treatment: The Undeniable Facts about Alternative Medicine content conveys the thought easily to understand by lots of people. The printed and e-book are not different in the content but it just different as it. So , do you nevertheless thinking Trick or Treatment: The Undeniable Facts about Alternative Medicine is not loveable to be your top record reading book?

**Cathy Lantz:**

The e-book untitled Trick or Treatment: The Undeniable Facts about Alternative Medicine is the reserve that recommended to you to learn. You can see the quality of the e-book content that will be shown to you. The language that writer use to explained their way of doing something is easily to understand. The author was did a lot of investigation when write the book, therefore the information that they share to you personally is absolutely accurate. You also could get the e-book of Trick or Treatment: The Undeniable Facts about Alternative Medicine from the publisher to make you more enjoy free time.

**Carolyn Scott:**

That reserve can make you to feel relax. That book Trick or Treatment: The Undeniable Facts about Alternative Medicine was bright colored and of course has pictures on there. As we know that book Trick or Treatment: The Undeniable Facts about Alternative Medicine has many kinds or genre. Start from kids until adolescents. For example Naruto or Investigation company Conan you can read and think that you are the character on there. Therefore not at all of book usually are make you bored, any it offers you feel happy, fun and relax. Try to choose the best book to suit your needs and try to like reading that.

**Download and Read Online Trick or Treatment: The Undeniable Facts about Alternative Medicine By Edzard Ernst, Simon Singh #K7RIGFM1Q9B**

## **Read Trick or Treatment: The Undeniable Facts about Alternative Medicine By Edzard Ernst, Simon Singh for online ebook**

Trick or Treatment: The Undeniable Facts about Alternative Medicine By Edzard Ernst, Simon Singh Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Trick or Treatment: The Undeniable Facts about Alternative Medicine By Edzard Ernst, Simon Singh books to read online.

### **Online Trick or Treatment: The Undeniable Facts about Alternative Medicine By Edzard Ernst, Simon Singh ebook PDF download**

**Trick or Treatment: The Undeniable Facts about Alternative Medicine By Edzard Ernst, Simon Singh Doc**

**Trick or Treatment: The Undeniable Facts about Alternative Medicine By Edzard Ernst, Simon Singh Mobipocket**

**Trick or Treatment: The Undeniable Facts about Alternative Medicine By Edzard Ernst, Simon Singh EPub**

**K7RIGFM1Q9B: Trick or Treatment: The Undeniable Facts about Alternative Medicine By Edzard Ernst, Simon Singh**