



# Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model

*By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S.*

Download now

Read Online ➔

**Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model** By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S.

Floortime is a highly effective intervention approach for children and adolescents with autism and other developmental disorders. Now there's a step-by-step guide for parents to LEARN and professionals to TEACH the DIRFloortime® model of helping young people with social, emotional, and cognitive challenges.

This guide takes the research-supported developmental approach to treatment and breaks it down into a curriculum of simple, sequenced strategies you can use right away to support the social and cognitive development of children and teens. Quick instructions and examples for each method are laid out for easy viewing in the midst of a play session. Certified DIRFloortime experts explain the theoretical background and the basics of how to play and interact with children in ways that motivate them, make the most of their natural interests, and help them develop critical new social, emotional, and intellectual capacities. Whether you're a professional or parent, this practical, ready-to-use Floortime guide is an essential addition to your intervention toolkit.

## WHY USE DIRFloortime?

- Proven effective—research-supported, field tested, and rooted in developmental psychology
- Targets the key cognitive and social-emotional capacities children need to thrive in the real world
- Promotes learning and growth through play and interaction
- Fosters warm, attuned parent-child relationships
- Meets your specific needs—apply DIRFloortime strategies in developmental order or use them as standalone teaching tools
- Gives you quick catchphrases that make strategies "stick", so you can use them anytime, anywhere
- Encourages caregiver self-reflection and self-awareness—a key part of helping

- children and teens develop their own self-reflection skills
- Leads to children and teens becoming joyful, spontaneous, flexible, creative, and empathic human beings

**PRACTICAL MATERIALS:** Each DIRFloortime strategy comes with a clear description and enlightening examples of how to apply it in a variety of real-life scenarios. The appendix walks you through 11 effective strategies for helping children and adolescents reduce challenging behaviors.

Help children develop crucial skills:

- Regulation and Attention
- Social Engagement and Attachment
- Reciprocity
- Social Problem Solving
- Self-Awareness
- Empathy
- Imagination
- Emotional Thinking
- Logical Thinking
- Complex Thinking
- Self-Reflection

DIR® and DIRFloortime® are registered trademarks of The Interdisciplinary Council on Developmental and Learning Disorders, Inc.

 [Download Floortime Strategies to Promote Development in Chi ...pdf](#)

 [Read Online Floortime Strategies to Promote Development in C ...pdf](#)

# Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model

*By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S.*

**Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model** By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S.

Floortime is a highly effective intervention approach for children and adolescents with autism and other developmental disorders. Now there's a step-by-step guide for parents to LEARN and professionals to TEACH the DIRFloortime® model of helping young people with social, emotional, and cognitive challenges.

This guide takes the research-supported developmental approach to treatment and breaks it down into a curriculum of simple, sequenced strategies you can use right away to support the social and cognitive development of children and teens. Quick instructions and examples for each method are laid out for easy viewing in the midst of a play session. Certified DIRFloortime experts explain the theoretical background and the basics of how to play and interact with children in ways that motivate them, make the most of their natural interests, and help them develop critical new social, emotional, and intellectual capacities. Whether you're a professional or parent, this practical, ready-to-use Floortime guide is an essential addition to your intervention toolkit.

## **WHY USE DIRFloortime?**

- Proven effective—research-supported, field tested, and rooted in developmental psychology
- Targets the key cognitive and social-emotional capacities children need to thrive in the real world
- Promotes learning and growth through play and interaction
- Fosters warm, attuned parent-child relationships
- Meets your specific needs—apply DIRFloortime strategies in developmental order or use them as standalone teaching tools
- Gives you quick catchphrases that make strategies "stick", so you can use them anytime, anywhere
- Encourages caregiver self-reflection and self-awareness—a key part of helping children and teens develop their own self-reflection skills
- Leads to children and teens becoming joyful, spontaneous, flexible, creative, and empathic human beings

**PRACTICAL MATERIALS:** Each DIRFloortime strategy comes with a clear description and enlightening examples of how to apply it in a variety of real-life scenarios. The appendix walks you through 11 effective strategies for helping children and adolescents reduce challenging behaviors.

Help children develop crucial skills:

- Regulation and Attention
- Social Engagement and Attachment
- Reciprocity

- Social Problem Solving
- Self-Awareness
- Empathy
- Imagination
- Emotional Thinking
- Logical Thinking
- Complex Thinking
- Self-Reflection

DIR® and DIRFloortime® are registered trademarks of The Interdisciplinary Council on Developmental and Learning Disorders, Inc.

**Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S. Bibliography**

- Sales Rank: #131687 in Books
- Published on: 2014-08-07
- Released on: 2014-08-07
- Original language: English
- Number of items: 1
- Dimensions: 11.25" h x 8.75" w x .75" l, 1.42 pounds
- Binding: Paperback
- 224 pages

 [Download Floortime Strategies to Promote Development in Chi ...pdf](#)

 [Read Online Floortime Strategies to Promote Development in C ...pdf](#)

**Download and Read Free Online Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S.**

---

## **Editorial Review**

### **Review**

“Provides strategies for teaching joint attention, social reciprocity, and emotional regulation skills that are generally difficult for parents and educators to address yet vital to the social development of individuals with ASD.”

(Dr. Deb Leach)

### **About the Author**

Andrea Davis received her B.A. in psychology from Swarthmore College, M.A. in theology from Fuller Theological Seminary, and Ph.D. in clinical psychology from Fuller Graduate School of Psychology. She completed her postdoctoral fellowship in infant mental health and early childhood disorders at Brown University Medical School. She returned to the west coast to join the UCLA Department of Pediatrics as Director of Research for the FOCUS project intervention study and to open a private practice in Pasadena, California. This practice grew into Greenhouse Therapy Center, a psychological center providing psychotherapy to individual adults, couples, parents, adolescents, and children from an attachment theory perspective. Greenhouse also offers intensive in-home Floortime or relationship-based developmental intervention for children and adolescents with developmental disorders and their families.

**Lahela Isaacson, M.S., LMFT**, has devoted her professional career to working with children with special needs using the DIRFloortime® model. Ms. Isaacson received her B.A. in psychology from Pepperdine University. She earned her M.S. in marriage and family therapy from Seattle Pacific University. Soon after graduating she was introduced to the DIRFloortime model and was captivated. Ms. Isaacson currently works at Greenhouse Therapy Center as a DIRFloortime supervisor and program manager.

**Michelle Harwell, M.S., LMFT**, is an expert training leader and supervisor in DIRFloortime® and an infant mental health and early intervention specialist. She maintains a thriving private practice in Los Angeles, California, where she sees clients across the age spectrum: infants, children, adolescents, and adults. She also works as an infant mental health consultant at Elizabeth House, where she helped to secure grant funding through the Pasadena Child Health Foundation to provide mother–infant psychotherapy to at-risk homeless mothers. Ms. Harwell received her B.A. in English literature from the University of Oklahoma, M.A. in theology from Fuller Theological Seminary, and M.S. in marriage and family therapy from the Fuller Graduate School of Psychology. She dedicated her postgraduate training to the areas of development, attachment, trauma, and neuroscience and is currently completing her Ph.D in psychoanalysis from The Institute for Contemporary Psychoanalysis. Ms. Harwell is a well-respected speaker, trainer, and supervisor who provides professional development and consultation to therapists and families.

## **Users Review**

### **From reader reviews:**

#### **Juan Elam:**

The book Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model make you feel enjoy for your spare time. You need to use to make your capable far more increase. Book can being your best friend when you getting stress or having big problem along with your subject. If you can make reading a book Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model being your habit, you can get far more advantages, like add your current capable, increase your knowledge about several or all subjects. It is possible to know everything if you like open up and read a publication Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model. Kinds of book are several. It means that, science guide or encyclopedia or others. So , how do you think about this publication?

#### **Frances Oberlin:**

The book Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model can give more knowledge and also the precise product information about everything you want. So just why must we leave a very important thing like a book Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model? Several of you have a different opinion about publication. But one aim that will book can give many facts for us. It is absolutely proper. Right now, try to closer along with your book. Knowledge or info that you take for that, you can give for each other; it is possible to share all of these. Book Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model has simple shape but the truth is know: it has great and large function for you. You can seem the enormous world by open up and read a guide. So it is very wonderful.

#### **Luis Ray:**

Are you kind of occupied person, only have 10 or perhaps 15 minute in your morning to upgrading your mind proficiency or thinking skill even analytical thinking? Then you are experiencing problem with the book in comparison with can satisfy your short time to read it because this all time you only find book that need more time to be go through. Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model can be your answer since it can be read by you actually who have those short spare time problems.

#### **Phyllis Walters:**

In this era globalization it is important to someone to get information. The information will make a professional understand the condition of the world. The fitness of the world makes the information quicker to share. You can find a lot of recommendations to get information example: internet, newspapers, book, and soon. You can see that now, a lot of publisher which print many kinds of book. Often the book that recommended to your account is Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model this publication consist a lot of the information on the condition of this

world now. This particular book was represented so why is the world has grown up. The words styles that writer use for explain it is easy to understand. Often the writer made some investigation when he makes this book. This is why this book acceptable all of you.

**Download and Read Online Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S. #THIRZOPG621**

# **Read Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S. for online ebook**

Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S. Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S. books to read online.

## **Online Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S. ebook PDF download**

**Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S. Doc**

**Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S. Mobipocket**

**Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S. EPub**

**THIRZOPG621: Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model By Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S.**