



Clinical Manual of Child and Adolescent Psychopharmacology

By Robert L. Findling

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Clinical Manual of Child and Adolescent Psychopharmacology is a succinct and practical guide that enables practitioners to more effectively address commonly-seen disorders such as ADHD, gain new insight into high-profile problems like juvenile suicide, and become better informed regarding conditions, such as anxiety, that frequently go undiagnosed and untreated. The contributors review developmental aspects of pediatric psychopharmacology, address specific disorders in chapter-length detail, and discuss the pharmacotherapy of youths who are primarily seen in general medical settings, covering such conditions as functional somatic syndromes and somatoform disorders, eating disorders, sleep disorders, elimination disorders, and delirium.

Specific chapters cover the problems that practitioners find most vexing, including the use of stimulant and nonstimulant agents for attention-deficit/hyperactivity disorder, pharmacological approaches to patients with disruptive behavior disorders, benefits and risks of medications for anxiety disorders, combination pharmacotherapeutic approaches for bipolar disorders, and use of antidepressants for autism and other pervasive developmental disorders. Throughout the text, the contributors provide commentary regarding the clinical interpretability of existing literature to better enable clinicians to incorporate research results into their practice.

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Editorial Review

Review

This book provides a particularly lucid and up-to-date review of clinical child psychopharmacology. The chapter authors are leading experts in their fields. The first chapter, by Dr. Vitiello, on developmental aspects of pediatric psychopharmacology very nicely sets the stage for all that follows. --Neal Ryan, M.D., Joaquim Puig-Antich Professor in Child and Adolescent Psychiatry, University of Pittsburgh

This compact and practical manual starts with the evidence base and adds the best of clinical wisdom and experience. It should be on the bookshelf of everyone who prescribes psychiatric medications for children and adolescents. Organized by disorders and symptoms, this book will enhance the quality of patient care by all those who treat youth with emotional and behavioral problems, not only physicians, but all mental health professionals. --Mina K. Dulcan, M. D., Osterman Professor of Child Psychiatry, Head of Child and Adolescent Psychiatry, Children's Memorial Hospital; Head of Child and Adolescent Psychiatry, Northwestern University Feinberg School of Medicine, Chicago, Illinois

Dr. Findling has assembled an outstanding group of clinician-scientists to contribute to this manual of pediatric psychopharmacology. A key strength of the manual is each author's ability to integrate current research, both their own as well as that of others, and their experience treating patients, into practical clinical guidance. --Chris Kratochvil, M.D., Associate Professor of Psychiatry & Pediatrics, University of Nebraska Medical Center, Omaha, Nebraska

About the Author

Robert L. Findling, M.D., is Director of Child and Adolescent Psychiatry at University Hospitals Case Medical Center and Professor of Psychiatry and Pediatrics at Case Western Reserve University School of Medicine in Cleveland, Ohio.

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