



Manic: A Memoir

By Terri Cheney

Download now

Read Online ➔

Manic: A Memoir By Terri Cheney

An attractive, highly successful Beverly Hills entertainment lawyer, Terri Cheney had been battling debilitating bipolar disorder for the better part of her life—and concealing a pharmacy's worth of prescription drugs meant to stabilize her moods and make her "normal." In explosive bursts of prose that mirror the devastating mania and extreme despair of her illness, Cheney describes her roller-coaster existence with shocking honesty, giving brilliant voice to the previously unarticulated madness she endured. Brave, electrifying, poignant, and disturbing, *Manic* does not simply explain bipolar disorder—it takes us into its grasp and does not let go.

↓ [Download Manic: A Memoir ...pdf](#)

📖 [Read Online Manic: A Memoir ...pdf](#)

Manic: A Memoir

By Terri Cheney

Manic: A Memoir By Terri Cheney

An attractive, highly successful Beverly Hills entertainment lawyer, Terri Cheney had been battling debilitating bipolar disorder for the better part of her life—and concealing a pharmacy's worth of prescription drugs meant to stabilize her moods and make her "normal." In explosive bursts of prose that mirror the devastating mania and extreme despair of her illness, Cheney describes her roller-coaster existence with shocking honesty, giving brilliant voice to the previously unarticulated madness she endured. Brave, electrifying, poignant, and disturbing, *Manic* does not simply explain bipolar disorder—it takes us into its grasp and does not let go.

Manic: A Memoir By Terri Cheney Bibliography

- Sales Rank: #38443 in Books
- Brand: Cheney, Terri
- Published on: 2009-02-03
- Released on: 2009-02-03
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .61" w x 5.31" l, .45 pounds
- Binding: Paperback
- 272 pages

 [Download Manic: A Memoir ...pdf](#)

 [Read Online Manic: A Memoir ...pdf](#)

Editorial Review

From Publishers Weekly

Cheney, a former L.A. entertainment lawyer, pointedly dispels expectations of a safe ride through this turbulent account of bipolar disorder. With evocative imagery—time-shuffled recollections meant to mirror her disorienting extremes of mood—Cheney conjures life at the mercy of a brain chemistry that yanks her from soul-starving despair to raucous exuberance, impetuous pursuits to paralyzing lethargy. Caught in a riptide of febrile impulse, she caroms from seductions to suicide attempts while flirting recklessly with men, danger and death, only to find more hazards in the drastic side effects of treatment. More than a train-wreck tearjerker, the memoir draws strength from salient observations that expose the frustrations of bipolar disorder, from its brutal sabotage of romance and friendship to the challenge it poses to the simplest emotions, such as the terrors of being happy that augur mania's onset. Though she sustains an ominous mood and relays horrifying incidents with icy candor, Cheney lightens up at times, as when she marvels at the ease of masking her condition at an office that brings out everyone's manic side. But the narrative hopscotch frustrates readers' need for grounding and context that might clear up Cheney's muddled history and satisfy readers' urge to learn the fallout of her impulse-driven episodes. Her startlingly lucid descriptions of illness merit a more concise chronology. (*Feb.*)

Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Review

“Cheney’s chilling account of her struggle with bipolar disorder brilliantly evokes the brutal nature of her disease...Edgy, dark and often cynical, MANIC is not an easy book to read, but it has heart and soul to spare.” (People)

“Written in episodic chapters that mimic the ups and downs of bipolar depression—hypomania, mania, depression—Cheney’s book is a gut-churning ride.” (Los Angeles Times)

“[a] gritty, vibrant, memoir brings this chaotic frenzy to life...through disaster and despair to end in hope.” (Peter C Whybrow MD author A Mood Apart)

“This is a poignant and compelling memoir ...The writing is outstanding, the story is gripping.” (Dr. Lori Altshuler, Director of the UCLA Mood Disorders Research Program)

“Cheney brilliantly brings us along on her haunting and riveting journey of bipolar disorder. ...MANIC is extremely powerful.” (Andy Behrman, author of *Electroboy: A Memoir of Mania*)

“Filled with gorgeous writing...Echoes of William Styron abound.” (Demitri F. Papolos, M.D. and Janice Papolos, authors of *The Bipolar Child*)

“[Manic is] more than a train-wreck tearjerker, the memoir draws strength from salient observations...startlingly lucid descriptions.” (Publishers Weekly)

“Cheney...writes with passionate clarity about depression and the lure of suicide but with especially keen intensity about mania...” (Boston Globe)

“Superb...Cheney’s remarkable chronicle of her painful odyssey is as eloquent as it is brave. It is also profoundly necessary, both for her and for us.” (Providence Journal)

“Amazing and powerful...[MANIC] forces the reader into Cheney’s bipolar world, into her deep and fearful depressions mixed with her giddy, high-flying manic moods.” (Orange County Register)

About the Author

Having specialized in intellectual property and entertainment law at several prominent Los Angeles firms, Terri Cheney now devotes her talents to the cause of mental illness. She was named a member of the board of the California Bipolar Foundation and the Community Advisory Board of the UCLA Mood Disorders Research Program. She is also the founder of a weekly support group at UCLA’s Semel Institute. She lives in Los Angeles.

Users Review

From reader reviews:

Herman Lewis:

What do you with regards to book? It is not important along? Or just adding material if you want something to explain what you problem? How about your free time? Or are you busy man? If you don't have spare time to try and do others business, it is make one feel bored faster. And you have extra time? What did you do? Every person has many questions above. The doctor has to answer that question since just their can do that. It said that about publication. Book is familiar on every person. Yes, it is right. Because start from on guardería until university need this specific Manic: A Memoir to read.

Willard Griffin:

This Manic: A Memoir book is simply not ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is usually information inside this book incredible fresh, you will get data which is getting deeper an individual read a lot of information you will get. This Manic: A Memoir without we realize teach the one who examining it become critical in contemplating and analyzing. Don't be worry Manic: A Memoir can bring whenever you are and not make your bag space or bookshelves' turn into full because you can have it in the lovely laptop even mobile phone. This Manic: A Memoir having very good arrangement in word and also layout, so you will not feel uninterested in reading.

Lorene Lord:

Nowadays reading books be than want or need but also get a life style. This reading practice give you lot of advantages. Advantages you got of course the knowledge even the information inside the book this improve your knowledge and information. The information you get based on what kind of guide you read, if you want drive more knowledge just go with knowledge books but if you want experience happy read one with theme for entertaining like comic or novel. Often the Manic: A Memoir is kind of reserve which is giving the reader unpredictable experience.

Edward Doucet:

This book untitled Manic: A Memoir to be one of several books this best seller in this year, here is because when you read this publication you can get a lot of benefit on it. You will easily to buy this book in the book shop or you can order it by using online. The publisher of this book sells the e-book too. It makes you quicker to read this book, as you can read this book in your Smart phone. So there is no reason for your requirements to past this publication from your list.

**Download and Read Online Manic: A Memoir By Terri Cheney
#Z0WTLBAXCDS**

Read Manic: A Memoir By Terri Cheney for online ebook

Manic: A Memoir By Terri Cheney Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Manic: A Memoir By Terri Cheney books to read online.

Online Manic: A Memoir By Terri Cheney ebook PDF download

Manic: A Memoir By Terri Cheney Doc

Manic: A Memoir By Terri Cheney Mobipocket

Manic: A Memoir By Terri Cheney EPub

Z0WTLBAXCDS: Manic: A Memoir By Terri Cheney