

Wild Berries & Fruits Field Guide of Minnesota, Wisconsin and Michigan (Wild Berries & Fruits Identification Guides)

By Teresa Marrone

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Now you can identify wild berries and fruits. Learn what's edible and what to avoid with this easy-to-use field guide. The species in the book are organized by color, then by form, so when you see something in the field, you'll know just where to look. Full-page photos and insets show each plant's key identification points, while detailed descriptions give you the information you need to know. Interesting tidbits about the plants' many uses, range maps, a ripening calendar, and more make this an indispensable guide for Minnesota, Wisconsin, and Michigan foragers. Teresa Marrone has been gathering and preparing wild edibles for more than 20 years. Let her share that experience with you.

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Editorial Review

Review

WILD BERRIES & FRUITS - Minnesota, Wisconsin and Michigan, by Teresa Marrone, Adventure Publications, Cambridge, MN, 280 pages, \$14.95. This is an absolute gold mine of a field guide, with an abundance of well-organized useful information. Whether foraging is your latest hobby or you just want to check the edibility of that fruit you've seen on your forays in the field, this book is for you. Berry picking is a relaxing, worthwhile pastime and this guide will point you in the right direction at the right season to ensure a bucketful of juicy nuggets. Not sure when to look for your favorite wild berry? Consult the "Ripening Calendar for Edible Fruit" in the front of the book. It lists all edible fruits with a May to October timeline of when the flower and ripen, or in some cases, persist through the winter. Each fruit has a two-page listing, organized by fruit color, with a full-page photo for each entry. Some include inset photos of similar species or other plant parts for better identification, A plant description opposite each photo includes habitat, range, how the plant grows, leaf and fruit description, ripening season, comparisons with other fruits and notes of particular interest. The most useful indicator in each entry is the thumb tab at the top of the page that describes the fruit as delicious, edible, not edible or toxic. Once you've gathered your harvest, find out how to prepare it in the companion cookbook.--Kathryn A. Kahler "Wisconsin Natural Resources Magazine" (02/03/2010)

About the Author

Teresa Marrone is the author of more than a dozen outdoors-themed books, including the *Wild Berries & Fruits Field Guide* series (currently available for four regions of the U.S.) and a new series of mushroom ID guides. She has also written numerous cookbooks about wild foods and has been gathering and preparing wild edibles for three decades. Teresa lives in Minneapolis with her husband, Bruce, and enjoys shooting photos of mushrooms, berries, other plants, and all things wild in the area surrounding their property abutting Minnesota's Boundary Waters Canoe Area Wilderness.

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Colleen Thompson:

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