



Cannabis Pharmacy: The Practical Guide to Medical Marijuana

By Michael Backes

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Cannabis Pharmacy: The Practical Guide to Medical Marijuana By Michael Backes

The most comprehensive, easy-to-use book available on understanding and using medical marijuana. Revised and updated with the latest information on varietals, delivery and dosing, and treatable conditions.

There are currently 4.2 million medical cannabis patients in the United States, and there are 20 states plus the District of Columbia where medical cannabis is legal. As medical cannabis becomes an accepted herbal medicine, there is a demand for clear, easy-to-follow information for the layperson based on the latest sound medical and evidence-based research.

Written by Michael Backes, a respected expert in the field, *Cannabis Pharmacy* begins with the history of medical marijuana and an explanation of how cannabis works with the body's own endocannabinoid system. Backes goes on to explore in detail 27 of the most popular cannabis varieties, how to identify them, the differences between them, and the medical conditions for which patients have reported effectiveness. Additional chapters describe how to prepare and store cannabis, how best to administer those preparations, and how to modify and control dosage. Also included is a guide to 29 ailments and illnesses for which doctors commonly recommend medical marijuana, including chronic pain, chemotherapy-induced nausea, multiple sclerosis, Alzheimer's disease, fibromyalgia, and Parkinson's disease.

Meticulously researched and written in an easy and accessible style, *Cannabis Pharmacy* provides the clearest, most complete, and most practical information available on the use and benefits of medical marijuana.



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Editorial Review

Review

Pre-publication praise for *Cannabis Pharmacy*:

"[T]horough, accurate, and yet easy to read coverage of what every prescribing physician and patient needs to know about medical marijuana, its metabolism and effects, its risks and possible benefits, along with cautions and details about available forms and modes of administration." —Sander Greenland, Professor Emeritus, Fielding School of Public Health, University of California, Los Angeles

"Michael Backes presents much valuable knowledge collected from diverse disciplines, supporting present-day practical approaches to effectively using medical cannabis—most importantly, which varieties may work best for certain medical conditions—and prepares us for what to expect in the near future. Cannabis Pharmacy is well written, informative, and most of all a timely as well as a fascinating read." — Robert C. Clarke, Projects Manager, International Hemp Association, and author of *Cannabis: Evolution and Ethnobotany*

"A superbly written and easily accessible expert guide filled with practical know-how . . . It will undoubtedly become an essential foundational educational text about the value and depth of the human–cannabis relationship, and how to apply the very best of what is known about medical cannabis to maximize health and well-being." —Sunil Kumar Aggarwal, MD, PhD, medical cannabis expert, www.cannabinergy.com

"Crucial reading for anyone interested in cannabis and the new frontier of cannabis medicine." —Mark Haskell Smith, author of *Heart of Dankness: Underground Botanists, Outlaw Farmers, and the Race for the Cannabis Cup*

"Now, more than ever, people need clear, well researched, unbiased, factual reporting about the benefits and drawbacks of marijuana use. This book provides that . . . [It] is destined to become the standard work on the subject." —Barry Miles, author of *Call Me Burroughs*, founder of the Indica Bookstore, and Beats historian

"There is now so much science supporting the legalization and acceptance of medical marijuana use, yet not enough effective communication . . . Cannabis Pharmacy excels at filling that need." —Randy Olson, author of *Don't Be Such A Scientist: Talking Substance in the Age of Style*

"An excellent compendium for anyone considering—or using—medical marijuana. Highly recommended." —Martin A. Lee, director of Project CBD and author of *Smoke Signals: A Social History of Marijuana*

About the Author

Michael Backes specializes in cannabis science and policy issues at a southern California consultancy, which maintains clients throughout the United States. He previously founded the first evidence-based medical cannabis dispensary. Backes is active with Project CBD, a non-profit educational service dedicated to promoting research into the medical utility of cannabidiol (a non-psychoactive cannabis molecule), the

International Association for Cannabinoid Medicines, and is a member of the American Herbal Products Association's Cannabis Committee. He lives in Southern California.

Andrew Weil, M.D., is a world-renowned leader and pioneer in the field of integrative medicine, a healing-oriented approach to health care, which encompasses body, mind, and spirit. He holds undergraduate and medical degrees from Harvard University. Approximately 10 million of Dr. Weil's books have been sold, including *Spontaneous Healing*, *8 Weeks to Optimal Health*, and *Healthy Aging*.

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William Deck:

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Roberto Garcia:

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particular writer made some study when he makes this book. That's why this book suited all of you.

Jean Taylor:

In this particular era which is the greater person or who has ability in doing something more are more valuable than other. Do you want to become among it? It is just simple method to have that. What you must do is just spending your time not very much but quite enough to enjoy a look at some books. One of the books in the top checklist in your reading list is definitely Cannabis Pharmacy: The Practical Guide to Medical Marijuana. This book that is certainly qualified as The Hungry Inclines can get you closer in getting precious person. By looking upwards and review this book you can get many advantages.

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