



The Complete Handbook of Coaching

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This comprehensive guide to coaching explores a full variety of coaching theories, approaches, and settings, and offers strategies for the reader to identify and develop a personal style of coaching. Written by leading international authors, each chapter makes explicit links between theory and practice and generic questions will facilitate further reflection on the topic. There are also suggestions for reading and short case studies.

This is the first book to explore the differences between the theoretical perspectives of coaching and the links between these perspectives in relation to contexts, genres, and media of coaching.

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Editorial Review

Review

"This book is the most thorough, comprehensive and accessible overview of key approaches to coaching yet on the market. A must for students and practitioners of coaching alike."

Dr Janice Russell, Executive and Life Coach, University of Hull

"Easy to understand and read, the Handbook of Coaching provides a comprehensive coverage of the key areas in coaching and is a good introduction to the subject matter. As a single reference it sets the standard for its breadth of coverage of the field of coaching." - **Dr Caroline Horner, Director, i-coach Academy**

"A fascinating, timely and comprehensive text... This is a great resource for coaches of all persuasions. It is the most comprehensive handbook that I know, and it is one that I expect to cherish for a long time to come." - **Prof David Megginson, Sheffield Hallam University**

About the Author

Elaine is a principal lecturer and the leader of programmes for the International Centre for Coaching and Leadership Development at Oxford Brookes University in the UK, where she also directs the Doctor of Coaching and Mentoring Programme and supervises doctoral students. She is an experienced researcher, author and editor and has recently co-edited the bestselling book, *The Complete Handbook of Coaching*, 2nd edition. Her other books with SAGE include *Coaching Understood* (2013) and she is also the founding editor of *The International Journal of Evidence Based Coaching & Mentoring*.

Tatiana is Professor of Coaching Psychology and a Co-Director of the International Centre for Coaching and Mentoring Studies at Oxford Brookes University, UK. She is a Chartered Occupational Psychologist recognised for her contribution to coaching psychology. As an active researcher she has published many articles, book chapters and books including *Developmental Coaching: Working with the Self*. She serves as a Member of the editorial boards in five academic journals and chairs the International Conference on Coaching Supervision.

David Clutterbuck is visiting professor of coaching and mentoring at both Sheffield Hallam and Oxford Brookes Universities. Co-founder of the European Mentoring and Coaching Council and chair of the International Standards for Mentoring Programmes in Employment and a board member of the International Mentoring Association, he supervises coaches around the world. A regular amongst the list of HR Most Influentials, he is author or co-author of 55 books. He consults and lectures globally on coaching and mentoring.

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