



Notes to Myself: My Struggle to Become a Person

By Hugh Prather

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Reading *Notes To Myself* is one of those rare experiences that comes only once in a great while. The editor who discovered the book said, "When I first read Prather's manuscript it was late at night and I was tired, but by the time I finished it, I felt rested and alive. Since then I've reread it many times and it says even more to me now." The book serves as a beginning for the reader's exploration of his or her own life and as a treasury of thoughtful and insightful reminders.

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Notes to Myself: My Struggle to Become a Person By Hugh Prather Bibliography

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Editorial Review

From the Publisher

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From the Inside Flap

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Users Review

From reader reviews:

Kevin Gans:

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April Hall:

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