



# Healing Threads: Traditional Medicines of the Highlands And Islands

By Mary Beith

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# **Healing Threads: Traditional Medicines of the Highlands And Islands**

*By Mary Beith*

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### **Editorial Review**

#### **Review**

'An extremely well-researched source of knowledge of Highland folk medicine and Gaelic pharmacy

'extremely well researched.... an essential handbook for those interested in traditional cures and methods of preparation' --Scottish Home and Country

'an excellent work which contains much of interest.... There are fascinating little nuggets on almost every page' --Stornoway Gazette

#### **About the Author**

Mary Beith is a writer, lecturer and journalist who contributes articles on archaeology, folklore, traditional medicines and current Highland issues to newspapers and magazines. She lives in Sutherland.

### **Users Review**

#### **From reader reviews:**

##### **Tony Edwin:**

Nowadays reading books are more than want or need but also become a life style. This reading routine give you lot of advantages. Associate programs you got of course the knowledge the particular information inside the book that improve your knowledge and information. The details you get based on what kind of e-book you read, if you want attract knowledge just go with education books but if you want really feel happy read one with theme for entertaining including comic or novel. Typically the Healing Threads: Traditional Medicines of the Highlands And Islands is kind of guide which is giving the reader erratic experience.

##### **Ruth Westlund:**

Are you kind of active person, only have 10 or even 15 minute in your day time to upgrading your mind skill or thinking skill actually analytical thinking? Then you are experiencing problem with the book in comparison with can satisfy your short period of time to read it because all this time you only find reserve that need more time to be read. Healing Threads: Traditional Medicines of the Highlands And Islands can be your answer as it can be read by anyone who have those short spare time problems.

##### **Larry Pulido:**

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