



## Wicked Good Barbecue: Fearless Recipes from Two Damn Yankees Who Have Won the Biggest, Baddest BBQ Competition in the World

By Andy Husbands, Chris Hart, Andrea Pyenson

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"Live fire cooking at its wicked BEST! The IQUE team will raise your BBQ IQ."  
—Carolyn Wells, Ph.B., Executive Director and co-founder, Kansas City Barbeque Society

"A lot of serious barbecue champions have been waiting to see what secrets would be revealed in Chris and Andy's book, and they are not going to be disappointed! These guys are both finely tuned chefs and hardcore pitmasters, a rare combination, and they've shared it all. I now understand how they won the world championship. The barbecue cookbook bar has just been raised." —Ray Lampe, Dr. BBQ, author of *Ribs, Chops, Steaks, and Wings*

"If there were ever a book that personified the ethos of the chef and brings it right into your kitchen, it is *Wicked Good Barbecue*. The audacious and tasty recipes showcase everything from the modern classics to serious in-your-face-barbecue. *Wicked Good Barbecue* is a must for every grill aficionado." —Chris Schlesinger, coauthor of *Thrill of the Grill* and owner of East Coast Grill & Raw Bar in Cambridge, MA

How did two guys from Boston win hundreds of barbecue ribbons, thirty Kansas City Barbecue Society championships, and the biggest prize of them all, the Jack Daniel's World Championship Invitational Barbecue? By standing over glowing coals and smoking barrels for days on end to develop barbecue recipes not just good, but "wicked good" as they say in New England.

Award-winning chefs Andy Husbands and Chris Hart reveal their secrets to competition-winning barbecue—from the actual recipe that won the Jack Daniel's World Championship Invitational, to the 25-Step Championship Chicken that melts in your mouth and the American Royal First Place Beef Brisket, king of

them all, hardest to master and unforgettable to eat when it's done right.

*Wicked Good Barbecue* ain't your daddy's barbecue. It's just the best you've ever tasted. So if you want to cook competition-worthy chow, and you think you've got what it takes or want inspiration from the best; crack this book, pick up your tongs, and fire away. *Wicked Good Barbecue* is your guide to fun, fearless, and fantastic barbecue no matter where you're from.

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### Editorial Review

#### Review

"This cookbook makes it clear that barbecue competitors Husbands (chef & owner, Tremont 647; *The Fearless Chef*) and Chris Hart achieve success through an undying commitment to their obsession. Their Seven-Layer Dip is a highbrow concoction of shredded short ribs, crab rémoulade, beef tartare, salmon spread, and more, and their other recipes (except perhaps the cocktails and desserts) are equally challenging. With help from food writer Andrea Pyenson, their prose exudes energy and confidence, and that makes this an entertaining read. VERDICT: Mere mortals may not have the patience for recipes like Six Day Bacon of the Gods or 25-Step Championship Chicken, but fervent BBQ diehards with their eyes on a championship will believe their prayers have been answered." - *Library Journal*

#### About the Author

Award-winning pit master **Andy Husbands** began developing his own unique style of cooking upon opening Boston's Tremont 647 in 1996 and later, Sister Sorel. His latest culinary venture, The Smoke Shop, culminates Husbands' continued success and pays homage to his extensive background in the competitive barbecue circuit.

Husbands' honest, approachable fare has earned him praise from *The Boston Globe*, *Boston Magazine*, *Wine Spectator*, *Star Chefs*, and others. He has competed on the sixth season of FOX Television Network's fiery *Hell's Kitchen* and is internationally-recognized for his BBQ team IQUE BBQ, who became the first New England team to win the World Champions of BBQ title in 2009 at the Jack Daniels World Championship in Tennessee.

He is a large contributor to Share Our Strength, an active board member of the Massachusetts Restaurant Association who acknowledged him as the 2014 Chef of the Year, and a Rodman Celebration Restaurant Chair. He has also co-authored several cookbooks including *Wicked Good Burgers*, *Wicked Good BBQ*, *Grill to Perfection*, and *The Fearless Chef*.

**Chris Hart**, winner of the Jack Daniel Invitational World Championship in 2009, has dominated the competition BBQ circuit for the past 10 years with his team, IQUE. The team was the first group of Northerners in barbecue history to win a World Championship. Chris spends his days developing software, but his passion for cooking barbecue has him following the competition BBQ trail on weekends, pitting his talents against the best pitmasters in the U.S. Chris has cooked multiple barbecue tasting dinners at the James Beard House in NYC. He has appeared on the TV show *BBQ Pitmasters*, and is a Food Network Chopped Champion. He is coauthor of *Wicked Good Barbecue*, *Wicked Good Burgers*, and *Grill to Perfection*.

Andrea Pyenson has been writing about food for more than a decade and enjoying it for a lot longer than that. Her writing about food and travel has appeared in *The Boston Globe*, *edible Boston*, *edible Cape Cod*, *msn.com*, *onethortable.com*, *The Washington Post*, and *Fine Cooking*, among others. Pyenson was

associate editor of The Boston Globe Illustrated New England Seafood Cookbook and assistant editor of 52 Weeks Cheap Eats: Dining Deals in Greater Boston. Multi-award-winning author, journalist, cooking teacher, and TV host, Steven Raichlen is the man who reinvented barbecue. His best-selling Barbecue Bible cookbook series and The Primal Grill and Barbecue University(tm) TV shows on PBS have helped people all over the world ascend the ladder of grilling enlightenment. Ken Goodman is a freelance photographer based in New York City. He specializes in food and chef photography, concerts, events, portraits and cookbooks. His work has appeared in Rolling Stone magazine and Art Culinaire, and he has photographed Mario Batali, Jimmy Fallon, Jon Stewart, Michael Stipe, The Edge, Sean "Puffy" Combs, Mariska Hargitay, Stanley Tucci, Jon Bon Jovi, and Anthony Bourdain (among others). Prior to his photography career, he spent 20 years in the restaurant industry as a classically trained chef, culinary educator, and restaurant consultant.

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### **Fried Mac 'n Cheese Pops**

Every year, at Harpoon's Championship of New England Barbecue in Windsor, Vermont, we have the chance to be vendors as well as competitors. This dish is by far one of our most popular. It's a little time-consuming, but it's absolutely worth it. Before you begin, make sure you have space in your freezer, because these have to stay frozen until they are fried. If you don't need the full batch for your gathering (or if you'd like to double the recipe to keep these on hand!), freeze the remaining pops in an airtight container for up to four weeks, and fry them as needed.

- 1 pound (455 g) elbow macaroni
- 1/2 cup (1 stick, 112 g) butter
- 4 1/2 cups (562.5 g) flour, divided
- 1 teaspoon (1.2 g) crushed red pepper flakes
- 1 teaspoon (6 g) salt
- 1/2 teaspoon (1 g) ground black pepper
- 3 1/2 cups (870 ml) half-and-half
- 4 cups (460 g) grated Monterey Jack cheese
- 4 1/2 cups (520 g) bread crumbs, divided
- Kosher salt and freshly cracked black pepper, to taste
- 10 eggs, beaten
- 6 cups (1.4 L) vegetable oil, for frying

### **Special Equipment:**

—45 wooden popsicle sticks, deep fryer or deep saucepan (you will need to hold about 2 inches [5 cm] of oil)

In a large pot of boiling, salted water, cook macaroni according to package directions. Drain very well, place in a large mixing bowl, and set aside.

In a large saucepan over medium heat, melt the butter. Whisk in 1/2 cup (62.5 g) of the flour, red pepper flakes, salt, and pepper, stirring constantly until well blended. Continue to cook, stirring, for 2 minutes.

Add half-and-half gradually, whisking constantly. Bring to a boil, stirring often, and cook for 2 minutes. Reduce heat to low and simmer for 10 minutes, stirring often.

Add cheese, 1/2 cup (57.5 g) at a time, stirring until cheese is melted before adding more. Remove from heat and let cool for 10 minutes. Pour the cheese sauce over the macaroni, add 1/2 cup (60 g) of the bread crumbs, and mix well. Season with salt and pepper. Cool to room temperature.

Place a piece of waxed paper on a baking sheet. Make forty-five 2-ounce (60-g) balls (about the size of a golf ball) with the macaroni and cheese, and skewer each one with a Popsicle stick. Place in freezer for 20 minutes.

Set up a breading station, with a bowl of the remaining 4 cups (500 g) flour, a bowl of beaten eggs, and a bowl of the remaining 4 cups (460 g) bread crumbs.

Remove macaroni pops from the freezer and bread each one by coating lightly but completely in flour, then egg, then bread crumbs, tapping off excess after each step. Place back on waxed paper and freeze for 30 minutes more. Remove from the freezer and repeat the breading process; freeze again until serving time.

In a deep fryer or deep saucepan, heat the oil to 325°F (170°C). Working in batches of 4 to 6 mac 'n cheese pops, gently lower them one by one into the hot oil and fry until golden brown and heated through, 5 to 7 minutes per batch. The crumbs will brown very quickly, but don't be fooled—it takes a few minutes for the centers to thaw and heat up. It's a good idea to test at least one pop per batch with an instant-read thermometer. It will read 125 to 135°F (51.6 to 57.2°C) when they're done.

Transfer the finished pops to a paper towel-lined plate to drain. Serve immediately, warning guests that the pops are very hot.

**Yield:** 45 pops

## **Users Review**

### **From reader reviews:**

#### **Lola Taylor:**

Reading a e-book tends to be new life style with this era globalization. With reading through you can get a lot of information that can give you benefit in your life. Using book everyone in this world may share their idea. Textbooks can also inspire a lot of people. Many author can inspire their very own reader with their story or even their experience. Not only the story that share in the guides. But also they write about the ability about something that you need example of this. How to get the good score toefl, or how to teach your

sons or daughters, there are many kinds of book that you can get now. The authors in this world always try to improve their proficiency in writing, they also doing some study before they write on their book. One of them is this Wicked Good Barbecue: Fearless Recipes from Two Damn Yankees Who Have Won the Biggest, Baddest BBQ Competition in the World.

**Jerry Gunnell:**

This Wicked Good Barbecue: Fearless Recipes from Two Damn Yankees Who Have Won the Biggest, Baddest BBQ Competition in the World is great publication for you because the content that is full of information for you who have always deal with world and get to make decision every minute. This book reveal it data accurately using great plan word or we can say no rambling sentences in it. So if you are read the item hurriedly you can have whole info in it. Doesn't mean it only offers you straight forward sentences but challenging core information with wonderful delivering sentences. Having Wicked Good Barbecue: Fearless Recipes from Two Damn Yankees Who Have Won the Biggest, Baddest BBQ Competition in the World in your hand like obtaining the world in your arm, data in it is not ridiculous one. We can say that no e-book that offer you world within ten or fifteen small right but this guide already do that. So , this can be good reading book. Hi Mr. and Mrs. busy do you still doubt which?

**Joan Naylor:**

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**Donna Hoffmann:**

Within this era which is the greater person or who has ability in doing something more are more valuable than other. Do you want to become one among it? It is just simple solution to have that. What you should do is just spending your time not much but quite enough to have a look at some books. One of several books in the top list in your reading list is Wicked Good Barbecue: Fearless Recipes from Two Damn Yankees Who Have Won the Biggest, Baddest BBQ Competition in the World. This book that is qualified as The Hungry Slopes can get you closer in turning out to be precious person. By looking up and review this guide you can get many advantages.

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